

CLASS SCHEDULE

LOCATED ON MAE ANNE & ROBB
6370 MAE ANNE AVE. SUITE 6 RENO NV 89523

SUN	MON	TUES	WED	THURS	FRI	SAT
9 AM - 10:30 AM L.E.O. CLASS LAW ENFORCEMENT OFFICERS ONLY 11 AM - 12:30 PM ADVANCED COMPETITION CLASS	5:30 AM - 7 AM ALL LEVELS GI 11 AM - 12:30 PM FUNDAMENTALS GI 11 AM - 12:30 PM ADVANCED NO-GI 4:30 PM - 5:30 PM KIDS + TEENS GI 5:45 PM - 6:30 PM ALL LEVELS NO-GI 6:30 PM - 7:45 PM ALL LEVELS GI 6:30 PM - 7:45 PM ADVANCED NO-GI	6 AM - 7 AM ALL LEVELS GI 11 AM - 12:30 PM FUNDAMENTALS GI 11 AM - 12:30 PM ADVANCED NO-GI 4:30 PM - 5:30 PM KIDS + TEENS NO-GI 6 PM - 7 PM FUNDAMENTALS GI 6 PM - 7 PM ADVANCED GI 7 PM - 8:15 PM ADVANCED NO-GI	5:30 AM - 7 AM ALL LEVELS NO-GI 11 AM - 12:30 PM OPEN MAT + POSITIONAL TRAINING OPEN TO ALL OF OUR ENROLLED STUDENTS 4:30 PM - 5:30 PM KIDS + TEENS NO-GI 6 PM - 7:30 PM ALL LEVELS GI 6 PM - 7:30 PM ADVANCED NO-GI	6 AM - 7 AM ALL LEVELS NO-GI 11 AM - 12:30 PM FUNDAMENTALS GI 11 AM - 12:30 PM ADVANCED NO-GI 4:30 PM - 5:30 PM KIDS + TEENS GI 6 PM - 7 PM FUNDAMENTALS GI 6 PM - 7 PM ADVANCED GI 7 PM - 8:15 PM ADVANCED NO-GI	5:30 AM - 7 AM ALL LEVELS GI 11 AM - 12:30 PM FUNDAMENTALS GI 11 AM - 12:30 PM ADVANCED NO-GI 4:30 PM - 5:30 PM KIDS + TEENS GI 6 PM - 7:30 PM ALL LEVELS GI 6 PM - 7:30 PM ADVANCED NO-GI	9:30 AM - 10:30 AM KIDS + TEENS NO-GI 11 AM - 12:30 PM OPEN MAT OPEN TO ALL OF OUR ENROLLED STUDENTS

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CLASS DETAILS

HAVE QUESTIONS? FEEL FREE TO CALL US: 775-378-6370

- FUNDAMENTALS:

ADULTS + TEENS AGE 14+. FOCUS ON WHITE BELT IMPROVEMENT AND CREATING A STRONG FOUNDATION.
- ADVANCED:

ADULTS + TEENS AGE 14+. FOCUS ON ADVANCED TECHNIQUES. MUST HAVE AN ADVANCED MEMBERSHIP.
- ALL LEVELS:

ALL BELTS MAY ATTEND. MODIFIED LIVE TRAINING FOR WHITE BELTS UNDER THREE STRIPES. MUST HAVE AN ADVANCED MEMBERSHIP.
- KIDS + TEENS:

KIDS AGES 5-13. CLASSES ARE SPLIT INTO SEPARATE GROUPS FOR LITTLES (5-7) AND BIG KIDS (8-13) FOR AGE-APPROPRIATE LESSONS + PRACTICE. (TEENAGERS 13+ MAY BE ELIGIBLE TO ATTEND ADULT CLASSES.)
- PRIVATE LESSONS:

PLEASE SPEAK WITH YOUR COACH + BOOK WITH THEM DIRECTLY FOR PRIVATE LESSONS.

OUR HEAD PROFESSOR: MAX MCGARR
Max taught at the flagship Renzo Gracie Academy in NYC for over a decade. He is a third degree black belt directly under Renzo Gracie and John Danaher. Max moved to Reno and opened Renzo Gracie Reno in early 2018, where he continues to teach.



TRY A FREE CLASS

CALL OR TEXT: 775-378-6370

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